




AUGUST 25, 2025




JUNIOR DEVELOPMENT EQUIPMENT LIST






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| ITEM | IMAGE | NOTES |
|------------------|--|---|
| Goggles x 2 |  | No snorkel masks |
| Bathing Suit |  | No board shorts |
| Junior Kickboard |  | The kick board should be not longer than the length of your fingertip to elbow. |



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| Fins |  | <p>Approved Brands:</p> <ul style="list-style-type: none"> -Arena Powerfin Pro -Speedo Switchblade -TYR Stryker |
| Jr Pull Bouy |  | The Jr.Pull Buoy is the smaller of the pull buoy options and will better fit development swimmers. |
| Water Bottle |  | |

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| GHAC Clothing |  | Recommended for all swimmers. Available for order at various times throughout the season. |
| Mesh Bag |  | Custom GHAC mesh bags with names are available for order. |
| Swim Cap |  | Optional GHAC Caps available for order in Black, White, or Maroon |

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| Paddles |  | <p>Optional</p> <p>APPROVED BRANDS:</p> <ul style="list-style-type: none"> - Strokemaker - Speedo Power Paddle - Finis Manta Paddle <p>The edge of the paddle should follow the contour of the hand as closely as possible.</p> |
| Snorkle |  | <p>Optional</p> <p>APPROVED BRANDS:</p> <ul style="list-style-type: none"> - Arena Swim Snorkel Pro - MP Swim Snorkel - Finis Glide Snorkel - Speedo Bullet Head |